

Dear Parents:

{Month, Day, Year}

I am very happy to have your son /daughter enrolled in my {Family and Consumer Sciences} class. The major focus of this class is just as the title implies: the importance of **family**, including child development, how to be a wise **consumer** in the home and in the market place, and the food and textile **sciences** including eating healthy, planning menus, serving sizes and caring for your clothing.

Your child will be doing a number of projects, all of which will help to enhance his/her understanding of the class. At the present time students are working on a **family booklet**. This project was designed to help the students learn more about their families. As the culminating activity, I am asking each student to bring one food item that they feel represents their family, a dish that is traditionally served when the family gets together. Each student will write or type the “Family Recipe” on an index card. Encourage your child to decorate the card using markers, ribbon etc. Students are to write a short paragraph on the card explaining why this recipe was chosen as a family favorite. When each student participates it makes for an interesting and tasteful experience for all. Students will receive a lab grade worth 100 pts for this assignment.

Our food day will be {**Day Month Date, Year**} for {**Period/s __ and __**}. Students are to bring their food to my classroom #{000}, before homeroom, at {Time a.m.} Please include any heating instructions or pertinent information regarding the food on a 3”x5” index card. Serving size should feed approx. 8-10 people. If possible send food in disposable pans for easier clean up.

I appreciate your support and cooperation. If you have any questions, feel free to contact me at {School or best contact number} from {Time a.m. – Time p.m.}

Sincerely,

{Your name}, {credentials}
{Your Title}